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| **Aktualita ČSARIM č. 06/2020** |

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| Vážené členky, vážení členové ČSARIM, dovolte, abychom se s vámi podělili o anotaci z WFSA ke Světovému dni anestezie.Sekretariát ČSARIM01.10.2020  |

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| Anaesthesiologists rank among the health professionals most often affected by stress and burnout. The pivotal role that anaesthesiologists have taken in the response to COVID has added to these pressures. For World Anaesthesia Day 2020 we are calling on the WFSA family to join together to highlight the urgent need for actions and strategies to protect the health of physicians. To this end please share and make use of the attached toolkit to promote the issue of anaesthesiologist wellbeing on 16 October. We need your help to enlist anaesthesia providers the world over to share the techniques they use to promote and maintain their physical, mental, social and moral wellbeing. The attached pdf toolkit can also be from downloaded at: <https://www.wfsahq.org/components/com_virtual_library/media/1dfd20c3cc22610482eec6fcf39b1b56-World-Anaesthesia-Day-2020-Toolkit-English.pdf>  I'm really keen to hear about ways that you maintain and strengthen both your own wellbeing but also that of your colleagues.  Please let me know how you are planning on celebrating World Anaesthesia and I'll amplify it for you.  Cheers, Francis Peel Communications & Advocacy ManagerWorld Federation of Societies of Anaesthesiologists (WFSA) |

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